

VAKD WORDS LIST

VISUAL	AUDITORY	KINESTHETIC	AUDIO-DIGITAL
See	Hear	Feel	Abstract
Look	Listen	Touch	Idea
View	Sound	Grasp	Understand
Appear	Make music	Hard	Process
Show	Harmonize	Soft	Learn
Dawn	Silence	Unfeeling	Think
Reveal	Deaf	Concrete	Perceive
Envision	Resonate	Scrape	Know
Illuminate	Unhearing	Solid	Conceive
Clear	dissonance	Handle it	Data
Visualise	blabbermouth	Get hold of	Facts
Foggy	get an earful	In the groove	Figures
Focused	Tune in/out	Slip through	Words
Hazy	I'm all ears	Catch on	Concept
Crystal	Rings a bell	Tap into	Great idea
Picture	Are you listening?	Make contact	I have an idea
Diagram	Call on	Throw out	I understand what
Flashy	Clearly expressed	Get a handle on	you mean
Appears to me	Give me your ear	Bad vibes	Let me process that
Catch a glimpse of	Heard voices	He's a cold person	The data proves...
Clear cut	Hold your tongue	She's got a cold	What I think is...
Dim view	Idle talk	heart	I understand
Get a perspective	Keynote speaker	All washed up	What do you think?
on	Loud and clear	Boils down to	Play on words
In light of	Manner of	Come to grips with	Play with words
Looks like	speaking	Get a load of this	We perceive it
Mind's eye	Can you hear it?	Get the drift	differently
Paint a picture	Power of speech	Get your goat	Adjust the figures
Short sighted	Purrs like a kitten	Hand in hand	Examine the
Showing off	Tuned in/out	Hang in there	information
Take a peek	Voiced an opinion	Hold it	That figures...
Tunnel vision	Within hearing	Heated argument	Just process the
Under your nose	Word for word	Hold on	facts
Up front	Tattle tale	Keep your shirt on	That's a great
Well defined	Sounds like you're	Pain in the neck (or	concept
Horse of a different	unhappy	other part of the	Do you know what
colour	How does that	anatomy!)	I mean?
Sight for sore eyes	sound?	Pull some strings	What's your
Make a scene	It's unheard of	Sharp as a tack	definition of that
I see it!	I hear you!	I get it!	word?
			I know!

For more information on how this information is of use to you in work & life contact us on: carolfox@lifepformance.com.au